



Judge Carrie Bland is one of two Associate Chief Administrative Law Judges for the U.S. Department of Labor Office of Administrative Law Judges (OALJ), a role which she took on in June 2021. In that capacity, she oversees four District Offices and the national Black Lung program for OALJ. Prior to becoming Associate Chief, Judge Bland served as the Washington, D.C. District Chief, the office where she began as a line judge in October 2015. Prior to working at OALJ, Judge Bland was an Administrative Law Judge for the Social Security Administration

from September 2014 until October 2015.

Judge Bland received her undergraduate degree from Clemson University and her Juris Doctor from the University of Maryland School of Law. After graduating, Judge Bland clerked for the Honorable James P. Salmon (ret.), Maryland Court of Special Appeals, as well as for the Honorable Mary Ellen Bittner (ret.), Chief Administrative Law Judge, U.S. Drug Enforcement Administration (DEA). Prior to becoming an administrative law judge, Judge Bland spent most of her career in law enforcement, serving as an Assistant State's Attorney for Baltimore City, as well as Senior Attorney for DEA's Office of Chief Counsel.

Judge Bland spends her free time engaging with her community and studying game theory.