## Trauma-Informed Judging in Today's Climate

Thursday, October 20, 2022 2:00 – 3:15 PM



This session will introduce the concept of trauma-informed judicial practice, especially as it pertains to race, LGBTQ+ issues, and women's health. Panelists will discuss the impact of trauma on litigants and why judicial officers need to understand today's legal climate and create courtrooms where litigants feel safe and respected.

At the end of the session, participants should come away with:

- 1. Introduction to trauma in its various forms, the brain on trauma, the connection between trauma and triggers, creating boundaries, identifying barriers and biases and why self-awareness is key when working with traumatized persons.
- 2. Explore trauma-informed strategies which can be used in the court room including coregulation, distraction aids, and implementing trauma-aware gatekeeping responsibilities.
- 3. Best practices when working with those who have been historically marginalized, disadvantaged or "othered", while recognizing them as experts in their own lived experience

**Speakers:** 

Myrna McCallum

**Shannon Minter, National Lesbian Rights Coalition**