As a judge, you bring your entire self to the job—including your emotions. Judges’ emotions are simultaneously a challenge to meet and a resource on which to draw. Like most judges, though, you likely were never taught to acknowledge and work with those emotions. You may even have been taught to ignore, deny, or magically “set aside” your work-related emotions. Drawing on extensive data from judges around the country, in this session we will normalize the wide range of emotions, both positive and negative, that judges tend to experience at work. We then will explore the range of strategies judges use to manage those emotions in service of your goals—goals such as modeling decorum, showing and receiving respect, fostering collegiality, and enjoying a long and satisfying career. We will take special note of the unique factors that women judges face in recognizing and regulating their work-related emotions.
Terry A. Maroney – Professor of Law and Professor of Medicine, Health, and Society, Vanderbilt University of Law

Terry Maroney is Professor of Law, Professor of Medicine, Health and Society, and the Robert S. and Theresa L. Reder Chair in Law at Vanderbilt University in Nashville, Tennessee. She has been a Fellow at the Center for Advanced Study in Behavioral Sciences at Stanford University, as well as a Chancellor Faculty Fellow and Discovery Grant awardee at Vanderbilt University. Professor Maroney researches the interaction of emotion and law, with a focus on the role of emotion in judicial experience and behavior. She is a leader in state and federal judicial education on these topics, and is the co-founder and co-director of the Mid-Career Seminar for U.S. District Judges, a joint project with the Federal Judicial Center that has expanded to the entire federal judiciary. An interdisciplinary scholar who brings the insights of psychology and sociology to bear on questions of law, Professor Maroney also serves on the board of the Society for Affective Science. Her publications include foundational works on law and emotion; extensive explorations of judicial emotion and its regulation; and a recent article offering a new, psychologically-grounded theory of judicial temperament. Professor Maroney is conducting a national, interview-based study of the human element in judging, as well as a study of the judicial wellness movement; she is also part of a multi-national study of judges and prosecutors’ construction of objectivity. She graduated from Oberlin College and New York University School of Law (summa cum laude); clerked for the Hon. Amalya L. Kearse of the U.S. Court of Appeals for the Second Circuit; and was a litigator at the Urban Justice Center (where she was a Skadden Fellow) and at the New York office of WilmerHale.

PRODUCERS:

Hon. Barbara Holmes

Prof. Terry A. Maroney