



What Inspires You?

Fourth Annual
Sisters in Success

Sponsored by:

Delaware Department of Correction, Baylor
Women's Correctional Institution;

The Women and the Law Section of the
Delaware State Bar Association; and

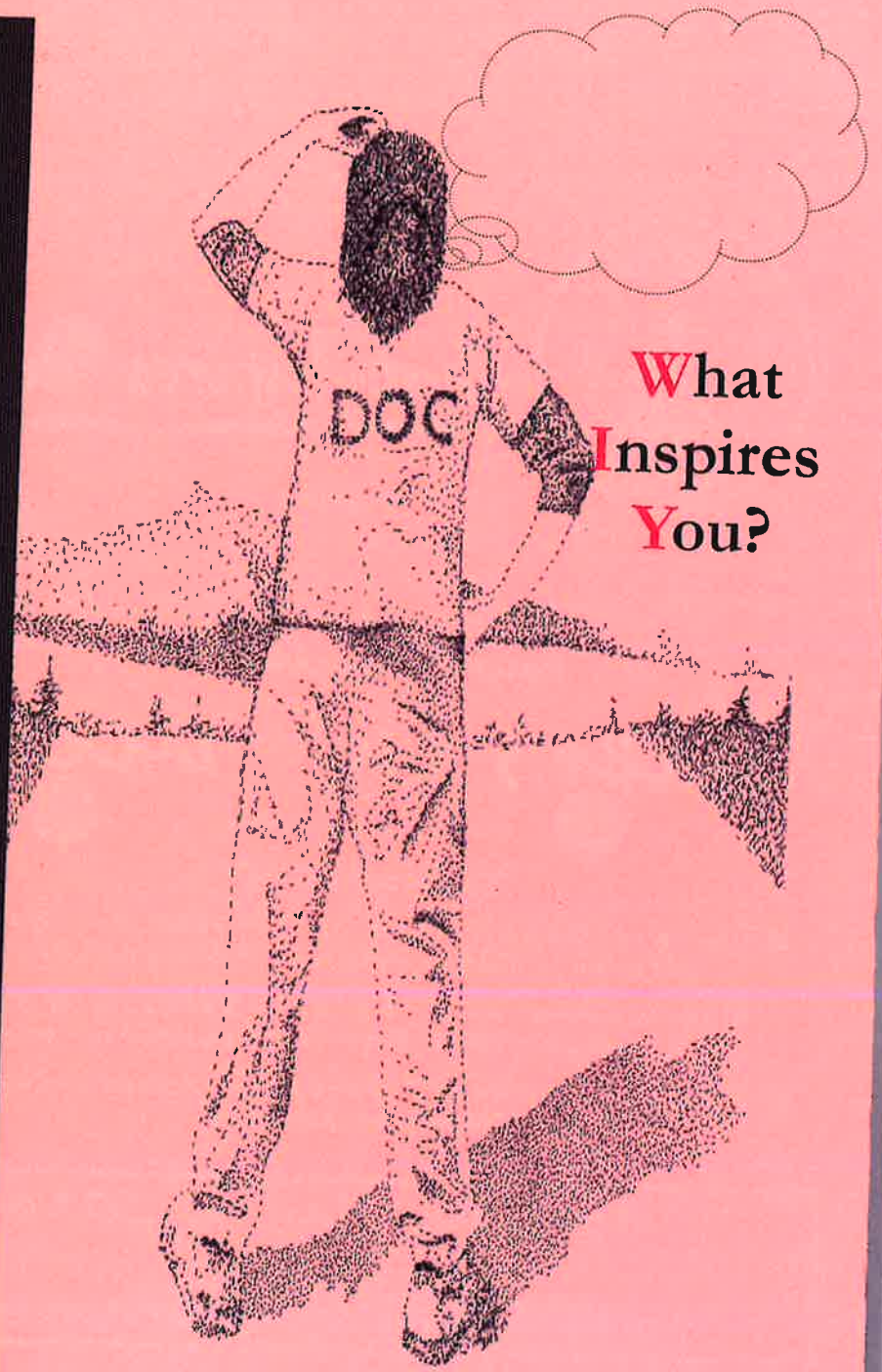
Delaware Chapter, National Association of
Women Judges

Monday, May 9, 2016

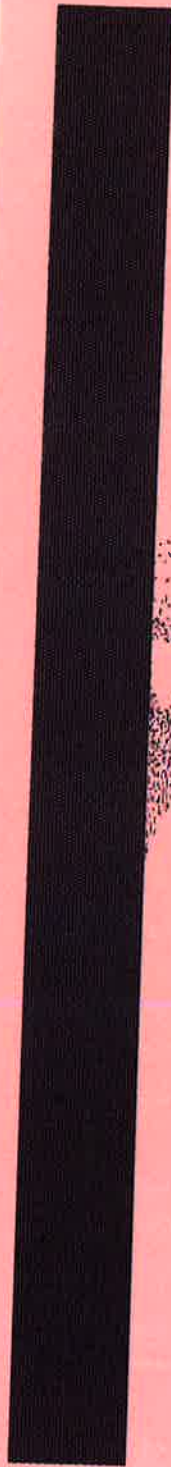
Delores J. Baylor

Women's Correctional Institution





**What
Inspires
You?**



Conference Agenda

9:00-9:15am

Acknowledgements

The Hon. Jan R. Jurden

President Judge of the Delaware Superior Court

Amy Herb

Sisters in Success, Program Chair

9:15-9:50 am

Welcoming Remarks

Warden Wendi Caplé

Baylor Women's Correctional Institution

Commissioner Robert M. Coupe

Delaware Department of Correction

Keynote Address

Dr. Jill Biden

Second Lady of the United States

9:50-10:00 am Recess

10:00-10:50 am Session I Workshops

10:50-11:00 am Recess

11:00-11:50 am Session II Workshops & Lunch /Resource Fair A

12:00-12:50 pm Lunch / Resource Fair B & C & Alt Workshop II

1:00-1:50 pm Session III Workshops

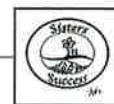
1:50-2:00 pm Recess

2:00-2:50 pm Session IV Workshops

2:50-3:00 pm Recess

3:00-3:50 pm Session V Workshops

3:50-4:00 pm Closing



Keynote Address

Dr. Jill Biden

Second Lady of the United States



Jill Biden, wife of Vice President Joe Biden, is a mother and grandmother, a lifelong educator, a proud military mom, and an active member of her community. As Second Lady, Dr. Biden works to bring attention to the sacrifices made by military families, to highlight the importance of community colleges to America's future, and to raise awareness around areas of particular importance to women, including breast cancer prevention, all while continuing to teach as a full-time English professor at a community college in Northern Virginia.

Dr. Biden has always said that community colleges are “one of America’s best-kept secrets.” As a teacher, she sees how community colleges have changed the lives of so many of her students for the better. As Second Lady, she works to underscore the critical role of community colleges in creating the best, most-educated workforce in the world. In 2012, she traveled across the country as part of the “Community College to Career” tour to highlight successful industry partnerships between community colleges and employers. In the fall of 2010, she hosted the first-ever White House Summit on Community Colleges with President Obama, and she continues to work on this outreach on behalf of the Administration – frequently visiting campuses, meeting with students and teachers, as well as industry representatives around the country.

As a military mom, Dr. Biden understands firsthand how difficult it can be to have a loved one deployed overseas. Dr. Biden’s children’s book – *Don’t Forget, God Bless Our Troops* – was released in June 2012. Inspired by real-life events, the book tells the story of a military family’s experience with deployment through the eyes of —

— Dr. Biden's granddaughter, Natalie, during the year her father is deployed to Iraq. The book also includes resources about what readers can do to support military service members and their families.

Through their *Joining Forces* initiative, First Lady Michelle Obama and Dr. Biden have issued a national challenge to all Americans to take action and find ways to support and engage our military families in their own communities. *Joining Forces* aims educate, challenge, and spark action from all sectors of our society – citizens, communities, businesses, non-profits, faith-based institutions, philanthropic organizations, and government – to ensure that service members, veterans, and their families have the tools they need to succeed throughout their lives. At JoiningForces.gov, Americans can find many ways to take action.

In 1993, after four of her friends were diagnosed with breast cancer, Dr. Biden started the Biden Breast Health Initiative in Delaware, which has educated more than 10,000 high school girls about the importance of early detection of breast cancer. Dr. Biden and the Vice President have also served as the Honorary Co-Chairs for the Global Race for the Cure in Washington, D.C. As Second Lady, Dr. Biden continues to stress the importance of breast cancer research and early detection.

Dr. Biden has been an educator for more than three decades. Prior to moving to Washington, D.C., she taught English at a community college in Delaware, at a public high school and at a psychiatric hospital for adolescents. Dr. Biden earned her Doctorate in Education from the University of Delaware in January of 2007. Her dissertation focused on maximizing student retention in community colleges. She also has two Master's Degrees — both of which she earned while working and raising a family.

Jill and Joe's daughter, Ashley, is a social worker and Executive Director of the Delaware Center for Justice; their son, Beau (1969-2015), was a lawyer, former Attorney General of the State of Delaware, and a Major in the Delaware Army National Guard; and the Bidens' other son, Hunter, is a lawyer and Chairman of the World Food Program USA. They have a son-in-law, Howard, two daughters-in-law, Hallie and Kathleen, and are the proud grandparents of five incredible grandchildren: Naomi, Finnegan, Maisy, Natalie, and Hunter. The oldest of five sisters, Jill Jacobs was raised just outside of Philadelphia in Willow Grove, Pennsylvania by Bonny and Donald Jacobs, both of whom are now deceased.

Greeting from the Warden

Welcome to the fourth annual Sisters in Success conference, Monday May 9, 2016 at Baylor Women's Correctional Institution. I am thrilled to welcome Dr. Jill Biden, Second Lady of the United States to offer the Keynote Address.

This day-long conference will bring together a team of criminal justice professional women from the local community to offer a series of workshops designed to empower Delaware's justice involved women. It is a pleasure to host the Creative Vision Factory's, Michael Kalmbach, who will assist the attendees in creating a mural for the institution.

It is with great enthusiasm that I announce the first ever, in-house planning committee for this event. Following the keynote address, the women will attend a variety of workshops moderated by Baylor's own members, who will share written testaments of this year's theme, "What Inspires You?"

Available workshops will explore issues related to personal growth, positive processing in relationships, stigma of mental health issues, creative writing as a process of expression, the impact of addiction, yoga and employment and re-entry services. In addition, all the attendees will attend a resource fair to obtain information from outside professional service agencies to promote health and wellness, mental health treatment, housing, substance abuse services, education and re-entry services.

I would like to thank the Sisters in Success Steering Committee for their dedication to planning this annual event, along with the various volunteers who attend to foster positive relationships between justice involved women and criminal justice professionals.

*Warden Wendi Caplé,
Baylor Women's Correctional Institution*



Sisters in Success Steering Committee

Warden Wendi Caplé, Baylor Women's Correctional Institution

Deputy Warden Shane Troxley, Baylor Women's Correctional Institution

Major Brian Emig, Baylor Women's Correctional Institution

Faith Levy, Program Co-Chair, Treatment Administrator, Baylor Women's Correctional Institution

The Hon. Jan R. Jurden, President Judge of the Delaware Superior Court

The Hon. Andrea Rocanelli, Delaware Superior Court

The Hon. Barbara Crowell, Delaware Family Court

The Hon. Aida Wascrstein, Delaware Family Court

The Hon. Loretta Young, Delaware Family Court

The Hon. Mary McDonough, Delaware Court of Common Pleas

Brian Bartley, Esq. Delaware Commission for Women

Amy Herb, Program Chair, Sisters in Success

Jennifer Hutchinson, Program Co-Chair, Sisters in Success

Laina M. Herbert, Esq., Program Co-Chair, Sisters in Success

Drewry Fennell, Esq., Deputy Chief of Staff to Governor Markell

Amy Quinlan, Esq.

Christine Demsey, Esq.

Collen Durkin, Esq.

Kayla Vanorskie; Coordinator, Superior Court Mental Health Court & Veterans Treatment Court



Sisters in Success BWCI Planning Committee

Tonya C.

Melissa H.

Rhonda L.

Amanda L.

Stefanie P.

Ami T.

Kai S.

The Women of the BWCI Planning Committee assisted with planning and development of the workshops for the Fourth Annual Sisters and Success Conference. In partnership with the Steering Committee, they created the theme for today's event, "What Inspires You".

In addition, they designed the art work for the program, planned the menu for the volunteer breakfast, organized audio visual needs, created the titles for workshops and wrote individual poetry that will be read throughout the day.

Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.

-Margaret Mead



Workshops

Positive Processing from Behind the Walls

Introduction: Ami T.; Sisters in Success BWCI Planning Committee

Presenter: June Lambert; Director of the Mental Health Court Peer Mentor Team

Description:

When you are behind the walls, outside factors can take an emotional toll on your well-being. Phone calls, letters and visits can sometimes spark uneasy feelings that lead to negative thinking. Ms. Lambert and her daughter will present tips and tools to positive processing and maintaining relationships with the outside world. Participants will hear from Ms. Lambert how she parented from behind the walls, while maintaining a healthy

Awaken and Ignite Your Inspirational Thoughts

Introduction: Kai S.; Sisters in Success BWCI Planning Committee

Presenter: Daphne Warner, Licensed Clinical Social Worker

Description:

Tick Tock, Tick Tock, don't hit the snooze button and sleep through this session... it is time to wake up your thoughts and bring your inspiration to light. Participants will awaken their minds through a guided design of Vision Boards to reflect and document what inspires them. Ms. Warner has 25 years' experience strengthening families and communities by providing a therapeutic experience. She will lead participants through an artistic session of visual thinking to display to the world.



Workshops

Where the Mind Goes, the Body Will Follow

Introduction: Jen Hutchinson; Co-Chair, Sisters in Success Steering Committee & Amanda L.; Sisters in Success BWCI

Presenter: Ed Lucas; President, The Lucas Group

Description:

Where the mind goes, the body will follow. Filling your mind with positive thoughts is the first step in getting your body to follow. Mr. Lucas will lead an interactive session on finding inspirational thoughts to guide your body into movement. During this session, participants will discuss people, places and things that inspire them to follow a positive path away from negative thinking.

Stimulate and Encourage the Artist Within You

Introduction: Laina Herbert, Esq.; Co-Chair, Sisters in Success Steering Committee & Melissa H.; Sisters in Success BWCI Planning Committee

Presenter: Michael Kalmbach; Director, Creative Vision Factory

Description:

Staff from the Creative Vision Factory will stimulate and encourage the artist within all participants through this interactive session. Participants will be provided with the canvas and tools to complete a mural that represents the tradition of Sisters in Success and captures this year's theme, "What Inspires You." The finished product will tour throughout the community to showcase the finished piece and then return home to Baylor Women's Correctional Institution.



Workshops

Coping Strategies and Emotional Balance for Your Mind, Body and Spirit

Introduction: Tonya C.; Sisters in Success BWCI Planning Committee

Presenter: Chris Darling; Founder and Owner, Darling SEO

Description:

Shatter the stigma around mental illness, particularly self-stigma. Often times, mental illness comes with a balancing act of self-pride and social stigma. Chris Darling will present the coping strategies and skills for a healthy balance of your mind, body and spirit. Ms. Darling will break the walls of the unspoken, and discuss her first-hand experience coping with mental illness.

Meditate on the Movement for Your Future

Introduction: Tonya C. & Melissa H.; Sisters in Success BWCI Planning Committee

Presenters: Brianne Murphy & Margaret "Maggie" Juliano; Transformation Yoga Project

Description:

You don't have to practice like a guru to benefit from yoga. Learn the basics of yoga during this session. Participants will learn how to improve balance, breathing and flexibility. Start stretching your way to better health with this fun, fast introduction to the fundamentals of yoga from two certified instructors.



Workshops

What Inspires You?

Introduction: Rhonda L.; Sisters in Success BWCI Planning Committee

Presenter: JoAnn Balingit, Delaware's 16th Poet Laureate (Served 2008-2015)

Description:

What Inspires You? Many of us are asked this question at some point in our lives. Whether it's an event, person or dream, clinging to this inspiration can motivate change and positive actions. Ms. Balingit will take participants on a journey through words to express their inner inspiration. This session is geared towards finding the words to translate your inspirations and sharing them with your inner-self or the group.

The 3 "Rs" of Relationships: Repair, Rebuild and Retain

Introduction: Kai S.; Sisters in Success BWCI Planning Committee

Presenter: Rosemary Madl-Young, PhD

Description:

Relationships exist in every aspect of our lives. Relationships are unavoidable. Relationships are not always perfect. In this session, Rosemary Madl-Young, PhD will explore issues of self-awareness and self-esteem that lead each of us to the relationships we form. She will also discuss ways to grow individually and through relationships and provide participants with the tools to identify healthy relationships. Participants will leave this session with a recipe for rebuilding, repairing and retaining relationships.



Closing Session

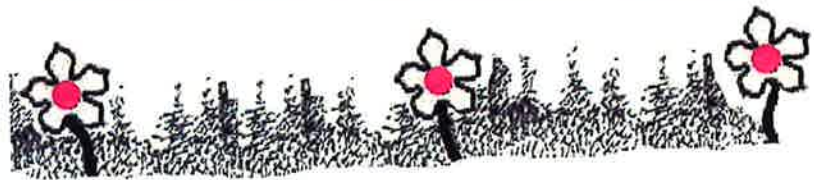
Live Long and Finish Strong with Nothing Wrong

Introduction: Stefanie P.; Sisters in Success BWCI Planning Committee

Presenter: Presenter: Domenica Personti, MS, LCDP, ICADC, ICCDP-D, CPS, Vice President of Behavioral Health Services, Brandywine Counseling and Community Services

Description:

During this session, Domenica Personti will share her personal experience of living long and finishing strong. Ms. Personti entered into treatment for the first time at age 14. After many years of being involved in the criminal justice system, multiple treatment episodes, and involvement in various state systems, she was able to successfully meet the requirements to complete probation and treatment. Through the assistance of a few mentors she met along the way, Ms. Personti enrolled in school and went on to obtain her BS and then MS degrees. She has dedicated her life to helping others and finishing strong with nothing wrong. Through hard work and dedication, Ms. Personti has become a recognized leader in behavioral health services in Delaware. She was recently recognized and asked to present at the White House for the Annual Association of Prosecuting Attorney's Conference for her advocacy work with justice involved individuals, particularly youth and women.



The Creative Vision Factory opened its doors in December of 2011. Funded by the State of Delaware's Division of Substance Abuse and Mental Health, it is one of many peer-run programs incubated by the sweeping reform of Delaware's greater mental health system. The Creative Vision Factory is on a path to 501(c)(3) tax-exempt status. As a peer-run nonprofit agency, the Factory will be uniquely situated to serve the community, in the heart of an arts and cultural district, that sees the behavioral health population as a genuine partner in the development of a more creative and just City of Wilmington.



THE CREATIVE VISION FACTORY

thecreativevisionfactory.org

thecreativevisionfactory@gmail.com

617 N. Shipley Street, Wilmington, DE

Mission

The Creative Vision Factory fosters the creative potential of individuals on the behavioral health spectrum in a studio art environment that cultivates integration with the local art community through a program of exhibitions, workshops, and communal workspace.

Vision

The Creative Vision Factory is where creative individuals share their experience, strength, and hope. We imagine a community free of stigma, where the creative vision of all individuals is valued. We recognize that creative solutions often come from outsider perspectives. We seek to create a space where those perspectives are shared and the solutions are realized in a social atmosphere promoting recovery among peers.




Delaware's 16th Poet Laureate



JoAnn Balingit grew up in Lakeland, Florida, the third eldest in a family of twelve children. She studied literature at Florida State University and the University of California. After teaching English and college composition in Tangier, Morocco; Lisbon, Portugal; and Owensboro, Kentucky cities where her first three children were born- she moved to Delaware in 1990 where she worked as a librarian in public schools until 2002. She received her doctorate in Education from the University of Delaware in 2008.

JoAnn's poems, stories and essays have appeared in journals and anthologies such as the *Best New Poets*, *Verses Daily* and *Voices of the Asian American and Pacific Islander Experience*. She works with The Delaware Division of the Arts as the state director for two national programs that promote literary arts in middle and high schools: Poetry Out Loud, a national recitation contest, and the Delaware Writing Region of Scholastic Arts & Writing Awards. She is the author of three collections of poems including *Words for House Story* (WordTech Editions, 2013) and is an assistant editor for YesYes Books, an independent poetry publisher based in Portland, Oregon. JoAnn continues to teach poetry workshops and share her work in schools, libraries and non-profit organizations. In 2015 she was invited to read at venues in Delaware, Indiana, Maryland, Virginia, in New York City's Sunday Salon, and in Philadelphia's First Person Arts Festival with poetry icon Sonia Sanchez. She sees poetry as a conversation, a way for people to navigate the wonders and challenges of being alive. She lives in Newark with her husband, Fred Hofstetter, and their 16-year-old son.



The Women of the BWCI
Planning Committee thank
JoAnn for her help shaping the
poetry read during today's
event!



Presenters

Chris Darling: gives voice to the idea that human connection can help bridge the chasm between the stigma of mental disorder and society's reluctance to talk about it. Chris inspires by example through personal stories - some harrowing, some hilarious. Her unabashed speaking style motivates audiences to dare to be the best version of themselves - by creating and nurturing simple human connections.

Chris's role as a community leader makes her talks a conduit through which dialogue about difficult topics becomes malleable. She models what it means to connect with another person in a way that makes it possible to step out of stigma and into something that matters.

Chris's audiences are drawn to her willingness to talk about what it's like to live with her own mental illness - alongside the success she has built as a business owner, community leader, mentor, and wife.

She is founder and owner of Darling SEO, a company that provides indispensable Internet marketing resources to local businesses and contractors. Chris received the Rotarian of the year award - 2014-2015 - from the Christiana Rotary Club and Community - she is also a Paul Harris Fellow with Rotary, and received 2 Outstanding Achievement Awards in 2011-2012 and 2012-2013. Chris mentors at risk children through the Christina School District.

Margaret "Maggie" Juliano: started practicing yoga in 1992 and started teaching in 2008. She has two 200 hour certifications in yoga teaching, and special certifications in working with people with Post-Traumatic Stress Disorder and in working with rounder bodies. She has developed workshops and trainings on yoga and eating disorders and yoga and addiction. In 2010, she traveled to Haiti to teach after the earthquake as part of Yoga4Trauma. As a former corporate attorney and litigator, she has studied and explored the effect of mindfulness on chronic stress. She focuses her teaching on the idea that everyone deserves to feel at ease with themselves and their bodies. She currently teaches vinyasa yoga, curvy yoga, hatha yoga and meditation in the Philadelphia suburbs. This is her fourth year teaching with Sisters in Success.

June Lambert: After many years of drug addiction and run-ins with the law in Delaware; June decided to go to New York for a fresh start and got caught up with the wrong crowd and was sentenced to 27 1/2—55 years. After 17 1/2 years and writing several organizations to help free her from the life sentence she had been dealt, June received an answer from The William Kunstler Fund for Racial Justice in New York; namely, Randy Credico, and Charles Grodin. After serving 20 years in prison, with a great advocate by her side, June was granted Executive Clemency by Governor David Paterson of New York and was released on December 9, 2010. June started as the Director of the Mental Health Court Peer Team in 2013. Although the Mental Health Court is not new, the MHC Peer team is a terrific addition to the already dynamic team that includes Judge Jan R. Jurden, probation officers and advocates from other organizations that are trained in the mental health field. June was awarded the Empowered Woman of the Year award in April 2011 for career success.



Presenters

Ed Lucas: works for the Dept. of Labor, Division of Employment & Training and has been working with returning citizens for 24 years, helping individuals re-enter society to be productive and successful. Ed started his career with the Dept. of Labor in 1991 as an Employer Relations Representative; Mr. Lucas realized he could make a difference by working with employers, encouraging them to hire individuals with barriers. He has been going into the Delaware Correctional facilities since 1992 conducting life skills, soft skill workshops, motivating and encouraging men and women that: "It's never too late". Originally from New York, growing up in Brooklyn/Queens, Ed has experienced the struggles of the streets himself. Ed incorporated this year (2016) "The Lucas Group LLC", where he plans to introduce his reentry program, "The Lucas Project" by August of 2016. His focus will be working with both women and men preparing them with the necessary skills that will make them whole.

Rosemary Madl-Young, PhD: over the past 35+ years has focused herself on being a bridging change agent between the addictions/psychiatric practices and the Community Human Service Providers. In the early seventies, she established the first Clinical Nurse Psychiatric Specialist position within a large Pittsburgh Hospital Emergency Room and a 24-hour death and dying/crisis team within the same hospital. As a Base Service Unit Supervisor in the Pittsburgh area, Dr. Madl-Young assisted in writing the first proposal that federally funded a Community based Mental Health and Alcohol & Other Drug Outpatient program.

Dr. Madl-Young's experience as a CEO of a Community MH/MR Center advocating for client rights, women and minorities was recognized by the Mayor and the U.S. Postal Service as Outstanding Woman of the Year. Her passion for empowerment through education has led her to teaching at the Lincoln University Master in Human Services Program where she was the recipient of the Outstanding Professor Award; Pi Gamma MU. In 2002, Dr. Madl-Young became the Director of Continuous Quality Improvement and Staff Development for Gaudenzia, Inc. In 2005, Dr. Madl-Young developed a partnership with Eastern University and Gaudenzia in which her energies were focused on designing and implementing an accelerated Associate Degree in Liberal Arts with a concentration in addictions studies to address the work force crisis of entry level staff. Ninety-two percent of the first 3 cohorts have completed their Master Degree.

Dr. Madl-Young is the past Director of Professional Services at Delaware Psychiatric Center where she assisted in the implementation of the recovery-model approach to clinical services. Dr. Madl-Young is a Commissioner on the Board for the Delaware Commission for Women and the Board of Professional Counselors of Mental Health & Chemical Dependency Professionals. She currently has a private practice.



Presenters

Brianne Murphy: currently directs the Prison Yoga Programs for Transformation Yoga Project. She first began studying yoga and mindfulness at Temple University through an undergraduate degree in Buddhism and Eastern Philosophy. Her deep love for philosophy and commitment to radical social justice brought her to pursue yoga teacher training so that she could build a life of connection and service. Since completing her 200 hr certification, she has focused primarily on continuing education in trauma sensitivity for youth and adults, yoga service and activism, and is a trained facilitator in Intergroup Dialogue and the Inside Out: Prison Exchange Program Methodology out of Temple University. Yoga service has been a catalyst for her own personal growth and transformation and she is ever grateful for the opportunity to connect with and learn from each individual who comes to yoga.

Domenica Personti: is currently the Director of Adolescent Services and Prevention, as well as the interim Treatment Director for New Castle and Kent Counties for Brandywine Counseling and Community Services, Inc. Domenica obtained her Master's Degree in Mental Health Counseling from Springfield College, after obtaining a Bachelor's Degree in Human Services with a Criminal Justice focus. Domenica is a Licensed Chemical Dependency Professional, a Certified Alcohol and Drug Counselor, a Certified Co-Occurring Disorders Professional-Diplomat, and a Certified Prevention Specialist. Domenica has worked in the field of Behavioral Health since 1998, within many different modalities of treatment. Domenica has specialized training in medication assisted recovery, forensic mental health counseling, crisis management, criminal justice and justice involved populations, adolescent treatment, disease education, harm reduction, substance abuse and violence prevention. Domenica was trained as an Overdose Prevention Trainer and Naloxone Educator through the DOPE Project in San Francisco, California, which is a model Overdose Prevention Program that is part of the National Harm Reduction Coalition.

"The difference between
winning and losing is
most often not quitting."
- Walt Disney



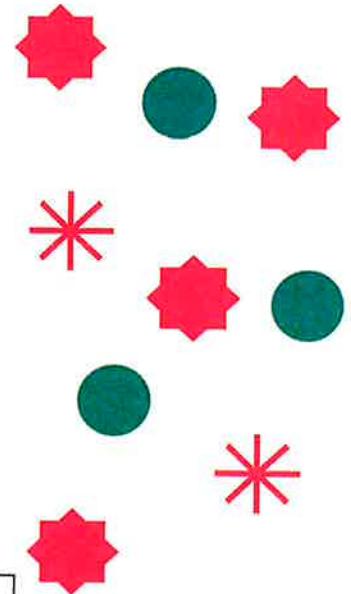
Presenters

Daphne Warner: is a Licensed Clinical Social Worker (LCSW) who has been in the field for over 25 years. She is committed to strengthening families and communities by providing a therapeutic experience that is culturally sensitive and motivated to inspire change. She is trained in psychiatric rehabilitation that reflects a person centered, trauma informed approach that is supportive and engages individuals, and families in the treatment process.

Daphne has used her knowledge and experience in a variety of areas. She currently leads the development and implementation of prevention and early intervention services to youth throughout Delaware in the Department of Services for Children, Youth and Their Families in the Division of Prevention and Behavioral Health Services. She has worked at the Delaware Psychiatric Center with adults in recovery as they move to transition to supportive community services. Her therapeutic experience also includes individual and family counseling at Children and Families First and her current private practice. She has served as adjunct faculty at Wilmington University, College of the Canyons in Valencia California, and Lincoln University in Pennsylvania.

Daphne has worked with adults and children and she is committed to strengthening families. She is trained in Motivational Interviewing, Trauma Focused CBT and is a Certified Co-Occurring Disorder Professional – Diplomat (CCDP-D) and Common Ground trainer.

She is a graduate from the University of Pittsburgh with a Masters Degree in Social Work and Lincoln University PA with a BA in Human Services. Daphne also has a Masters in Business Administration from Wilmington University.



Sponsors

Delores J. Baylor Women's Correctional Institution

Warden: Wendi Caplé

Deputy Warden: Shane Troxley

Major: Brian Emig

Treatment Administer: Faith Levy

The Baylor Women's Correctional Institution (BWCI) - the only women's prison in the state - opened December 29, 1991. The facility houses both pre-trial and sentenced adult females at minimum, medium, and maximum security levels.

BWCI provides programming at all security levels. Programming provides offenders with opportunities to gain knowledge, acquire skills and learn an alternative life-style. BWCI provides treatment services, religious services, drug therapy, educational/vocational programs, counseling, and recreation.

On June 14, 1995 Governor Thomas R. Carper signed Senate Joint Resolution no. 25, which authorized then-Corrections Commissioner Robert J. Watson to name the Women's Correctional Institution as the Delores J. Baylor Women's Correctional Institution. Delores J. Baylor was the first African-American to hold a warden's position in the State of Delaware. She was also the first African-American female to hold such a position. Baylor began her employment with the Department of Correction as a Field Service Counselor and was subsequently promoted to Field Counselor II and III. On June 1, 1974, Baylor was promoted to Correctional Superintendent I at the Women's Correctional Institution, performing her duties in an outstanding manner.

On March 20, 1979, the 130th Delaware General Assembly recognized Delores J. Baylor for outstanding service with the Department of Corrections. On June 1, 1979, Delores Baylor was promoted to Warden of the Women's Correctional Institution. Baylor remained Warden of the Women's Correctional Institution until her death on March 20, 1983.



Sponsors

Delaware Women and the Law Section Delaware State Bar Association

The Women and the Law Section promotes the objectives of the Delaware State Bar Association within the particular fields designated by the name of this Section by addressing the effect of laws upon women in Delaware and the delivery of legal services to them and to further the role of women in the Delaware legal community.



Co-Chairs

Natalie S. Woloshin & Kathy Miller

Vice-Chair

Kathleen Murphy

Secretary

Kyle Evans Gay

Committee Chairs:

Advocacy:

Kyle Evans Gay

Awards:

Loren Barron

Legislative:

Rebecca L. Byrd

Programming & Wellness:

Sara Bussiere, Clarissa Chenoweth, Elizabeth Powers

Retreat Committee:

Kathy Miller, Natalie S. Woloshin & Yvonne Takvorian Saville

Roxana C. Arshat Fellowship:

Laina M. Herbert

Delaware Law Review Liaison:

Margaret Juliano



Sponsors

Breakfast for this event was provided by the:

Delaware Commission for Women

Romona S. Fullman, Esq. - Director

The Delaware Commission for Women (DCW) advocates for the equality of women in a way that fosters self-esteem and self-reliance among women of all ages by promoting the political, economic, social, educational, personal and professional growth of Delaware women.

<http://commissionforwomen.delaware.gov>



Breakfast for the event prepared by Students in
the **Culinary Arts Program** at
Baylor Women's Correctional Institution

The Culinary Arts program at BWCI is a comprehensive and applied 400-hour course of instruction. The Culinary Arts students are introduced to the many facilities of the foodservice industry to provide opportunities for employment and reentry to the community. The course consists of seven classes that include:

**Serv Safe Food Protection Management Certification*

**Food Service Worker 1 * Food Service Worker 2*

**Hospitality and Service * Human and Resource Management*

**Nutrition and Institutional Cooking * Introduction to Baking*

Additional courses are offered for advanced students in the National Restaurant Association's Foundations Level One and Two and Manage First Programs. This program is offered as a collaboration between the Department of Education and the Department of Correction.

Rose Finocchiaro; *Culinary Arts Instructor, BWCI*

Sisters in Success Thanks

Sisters in Success extends its appreciation and thanks to Mr. Chris Kenny and the Kenny Family Foundation for their generous contribution to the Fourth Annual Sisters in Success Program. We are grateful to The Kenny Family Foundation's continued dedication to their neighbors in need. Without the Kenny Family Foundation's contribution, this event would not be possible!

Sisters in Success Steering Committee



The Delaware Bar Foundation

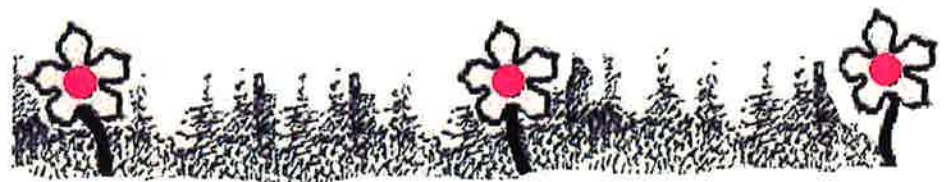


**DELAWARE BAR
FOUNDATION**

The Delaware Bar Foundation's mission is to improve the administration of justice in Delaware by:

- Providing legal services for the poor
- Promoting study and research in the field of law
- Fostering knowledge of citizenship rights and responsibilities
- Enhancing public respect for the rule of law

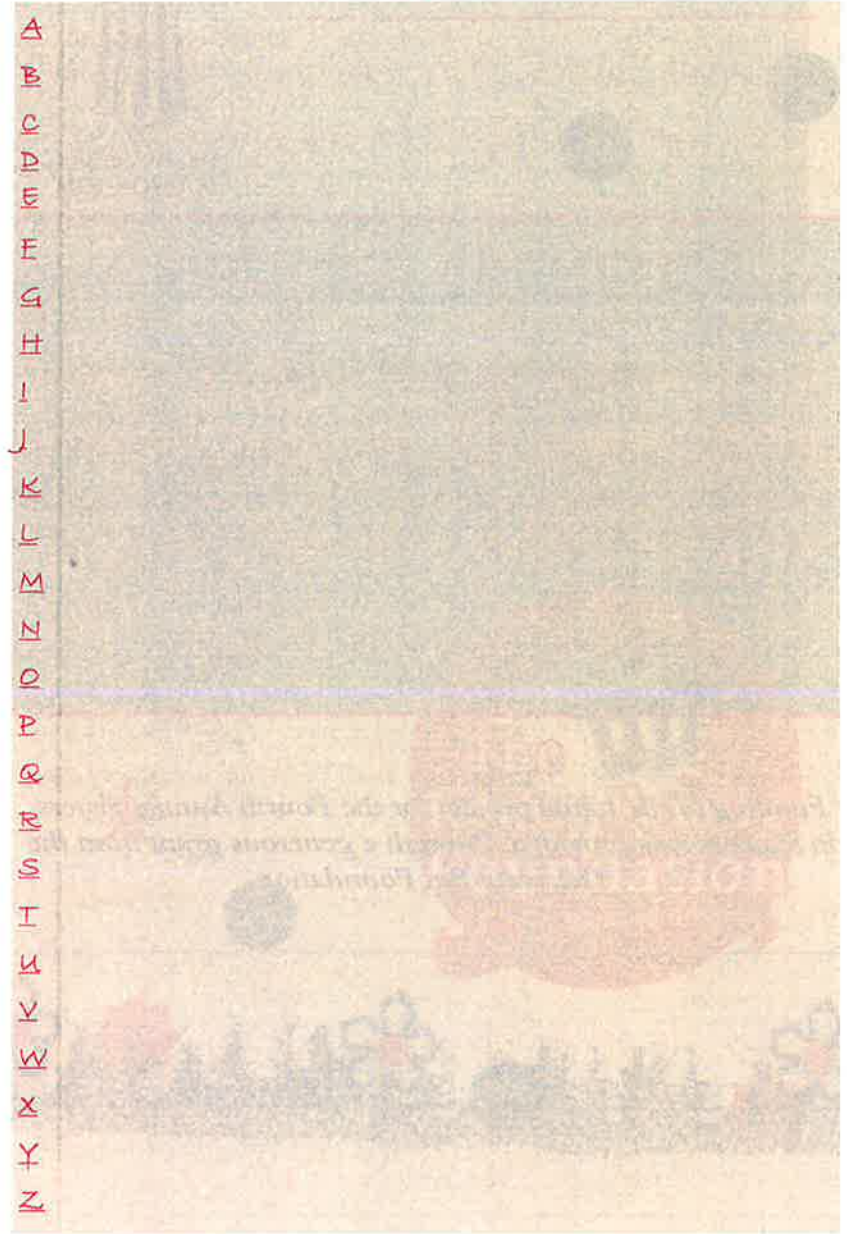
Funding of the mural project for the Fourth Annual Sisters in Success was provided through a generous grant from the Delaware Bar Foundation



Abecedarian Poem



Poetry used throughout today's event follow the rule of a Abecedarian. The **abecedarian** is an ancient poetic form guided by alphabetical order. Generally each line or stanza begins with the first letter of the alphabet and is followed by the successive letter, until the final letter is reached.

Create Your Own





Victory

by: Melissa V.



A day at the park
Being me
Caring for myself
Determination to be free
Expectations reasonable
Focusing on my goals
Given a second chance
Healing my soul
In dwelling spirit
Jointed with my will
Keeping my head straight
Letting go of my past
Making a difference
New adventures
Overcoming my fears
Perseverance I adhere
Quitting not an option
Redeeming trust
Surrendering for Serenity
Transformation is a must
Unbounded with hurt
Victory I have achieved
Zealously I will proceed



Butterfly and DOC woman illustrations
designed by
K. Short

Program Logo designed by: Chrissy Boring,
J.C. Boring Studio